

# MANITOBA CHAMPIONS

THIS JOURNAL CONTAINS MEMORABLE  
EXPERIENCES FROM THE MANITOBA  
CHAMPIONS TRAINING COURSE IN 2023



National Collaborating Centre  
for Infectious Diseases  
Centre de collaboration nationale  
des maladies infectieuses



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## TOPIC OF THE DAY

Cultural Safety and STBBI Health Care

## AUTHOR

Mariana Echeverri

**DATE** February 15, 2023

### THE REASON WHY

We wanted to learn about Cultural Safety and why culturally safe health care is so important for people living with HIV and other STBBI's

### HOW WE DID IT

Heather opened the first session with a smudge ceremony and prayer. We listened to a short presentation about cultural safety and then had a group discussion

### WHAT WE LEARNED

We learned about the history of cultural safety and how cultural safety is defined. Heather shared the importance of indigenous teachings and traditions. Lisa and Rebecca shared about the importance of providing cultural safety in the healthcare sector and what providers can do to provide safer experiences for their clients living with HIV

### THE FACILITATORS

Heather Pashe, Rebecca Murdock, Lisa Patrick & Cheryl Sobie

### THE EXPERIENCE





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