

MANITOBA CHAMPIONS

THIS JOURNAL CONTAINS MEMORABLE
EXPERIENCES FROM THE MANITOBA
CHAMPIONS TRAINING COURSE IN 2023



National Collaborating Centre
for Infectious Diseases
Centre de collaboration nationale
des maladies infectieuses



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TOPIC OF THE DAY From germs to genes:
Understanding our immune system

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THE REASON WHY

We wanted to learn about viruses, bacteria and the immune system. We also wanted to learn about genes.

HOW WE DID IT

Riley shared an interactive presentation on the subject and the participants were very involved and asking questions.

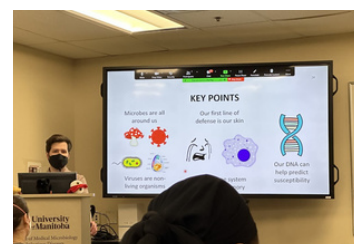
WHAT WE LEARNED

We learned about the relationship between viruses, bacteria and our genes and how they interact in our immune system. We also learned about the differences between our innate and adaptive immunity. Riley also shared some fun facts about his 23 and me DNA profile!

THE FACILITATOR

Riley Tough, PhD Candidate

THE EXPERIENCE





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